



# Royal College of Physicians

## Professor David D’cruz’s biography

**Professor David D’Cruz MD FRCP. Consultant Rheumatologist, Louise Coote Lupus Unit, Guys and St Thomas’ Hospitals, London.**

Professor D’Cruz is the Clinical Team Lead of this internationally renowned tertiary referral centre for autoimmune rheumatic disorders. His major clinical and research interests are systemic lupus erythematosus, the antiphospholipid syndrome and systemic vasculitis. He leads the Louise Coote Lupus Clinical Trials Unit which has a portfolio of investigator and industry led trials. His research portfolio includes a translational medicine programme in collaboration with basic science laboratories in the Division of Immunology, Inflammation and Infectious Diseases, Kings College School of Medicine. He is one of the Managing Editors of the journal Lupus. He is a past President of the Rheumatology Section of the Royal Society of Medicine.

## Presentation summary

### **Systemic Lupus Erythematosus: an update for the general physician**

Systemic Lupus Erythematosus is a multisystem autoimmune rheumatic disease with a broad range of clinical presentations. It most commonly affects women of child-bearing age and it is especially common in women of African or Asian ancestry. There have been major developments in the understanding of the pathobiology of lupus giving rise to new therapeutic targets. Despite intense interest and several large scale clinical trials, only one new biologic has been licensed to treat SLE namely belimumab. This lecture will briefly summarise developments in the classification criteria and progress in the treatment of SLE.